

## Confined Spaces Management Awareness Course

### 1/2 Day Course

This course is designed to provide persons with responsibility for the management of confined spaces with an awareness of the legal and best practice requirements for health and safety.

**Session 1 Introduction and Setting Course Objectives**

**Session 2 The Confined Spaces Regulations**

The application of the regulations. Persons upon whom duties are placed by the regulations. Definitions of terms used within the regulations and during this course.

**Session 3 Risk Assessment**

Hazards encountered in confined spaces. Risk assessment, including the requirements of related regulations.

**Session 4 Safe Systems of Work**

Identification of measures necessary to control the risks, including the precautions that are necessary. Structure of a safe system of work. Testing of dangerous atmospheres. Permit-to-work systems.

**Session 5 Emergency Procedures**

The requirements for emergency procedures and what they should contain. Equipment that may be necessary.

**Session 6 Equipment**

The maintenance, examination and testing of equipment for entry and emergencies.

**Session 7 Training**

Training requirements for persons entering confined spaces and rescue teams.

**Session 8 Syndicate Exercise**

**Session 9 Examination**

Closed book, multi-choice examination.

**Session 10 Course Review and Conclusion**

**Course Objectives**

Upon completion of the course, delegates should be able to:

- achieve full compliance with the regulations;
- keep people safe from risks posed by work activities within confined spaces;

by the most reasonably practicable, effective and efficient means available, as dictated by their particular work environment and work activities.

**Maximum number of delegates 16**